**Secret Strength Spotter**

Today we each wrote our names on a post-it note and folded it up and put it in a paper cup. We then each chose a name, luckily we all picked a different name.  
  
**Purpose of activity:**- to focus on the positives   
- to be aware of your own behaviour/attitude (classroom management)   
- There are so many distractions in our daily lives (especially for students)  and focusing on another person and there positive qualities can promote/increase real, authentic engagement in the classroom and facilitate bonding and social interactions.   
  
**Remember:  
1. Keep the name a secret   
2. Observe your person**

